

3 Amazing Beauty Buys... That REALLY Work!

Want to be let in on a few of LOOK's Beauty Editor Sophie's secrets? Oh go on then...

"If I had to tell you about only three products that I defy you not to find jaw-droppingly amazing it's these. Calculated from my personal usage to compliment ratio; this stuff REALLY works! I promise."

Swiss Dent Nano Whitening Toothpaste, £15 OK I'll admit it, I had this lingering in my 'spares' cupboard, and only used it when my Colgate ran out and my local Tesco was closed. Three days later I was baffled at all the compliments on my white teeth and finally put two and two together. And this from someone who has tried every whitening method under the sun... Available Nationwide and online at harveynicholls.com

PH Advantage Acne Treatment, from £20 Years of testing truckloads of different skincare gave me beauty editor's syndrome – unpredictable skin. After a good few years trying to fix it (including a couple of doctor visits) I got this on my desk. It's medical grade skincare, which sounds extreme, but even if you only have the odd breakout and sensitive skin like me it's a godsend. Clear skin in two weeks – yes please! phadvantage.co.uk

Vichy New After Sun SOS Balm, £10.00 Even if you're not lucky enough to get some winter sun like I just did, it's worth bulk buying in time for summer. Two hours in South African sun + local ineffective sunscreen = embarrassing pink skin bikini. After three days of my usual aftersun not helping I tried this one, and went from pink to brown within a few hours – I kid you not. Stockist 0800 169 6193 -SB



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