



**1 Back to basics** Emollient Cream ★★★★★ 99p, Skin Therapy, at Boots. With almond oil and lanolin, this is soothing and moisturising, without any sticky residue or overpowering scent. Ideal for sensitive skin, this non-perfumed and non-greasy cream gets the job done without being overpriced, over-packaged or overdone.

**2 For your eyes only** Puffy Eyes Cream ★★★★★ £38, Dr Sebagh at SpaceNK ([www.spacenk.co.uk](http://www.spacenk.co.uk)). Once you get past the fact that the packaging strongly resembles that of a well-known thrush remedy, you'll appreciate how effectively this cream works on puffy eyes. It's easily absorbed and delicately scented, but over-use can leave the skin feeling slightly tender.

**3 Floral dance** Naturalift Anti-ageing Cream ★★★ £30, Melvita ([www.melvita.co.uk](http://www.melvita.co.uk)). Smelling rather strongly of geranium and roses, this is quite a fine cream that slides on easily and starts to tighten the skin straight away. It certainly tingles and feels as though it's doing something but this tester

wasn't sure it made a huge difference to her appearance.

**3 On the mend** High Potency Evening Repair ★★★★★ £80, Perricone MD, at Harvey Nichols ([www.harveynichols.com](http://www.harveynichols.com)). This evening cream contains retinol to help repair skin's elasticity, plus anti-ageing ingredients DMAE and alpha lipoic acid. The tester's skin was visibly smoother after just a couple of days. What a shame the product smells stale.

**4 Get fresh** Hydrating Cleanser + Freshener ★★★★★ £18.50, FC5 Arbonne ([www.arbonneinternational.co.uk](http://www.arbonneinternational.co.uk)). This gentle cleanser certainly does what it says on the tin, leaving skin clean and refreshed. Our tester usually prefers a cleanser that removes eye make-up too, but was happy with the overall results. It also has a light, sweet fragrance, which could be down to it containing fresh strawberry cell extract – well-known for its purifying and toning properties.

**5 Winter rescue** Skin Protection Moisturiser SPF 30 ★★★★★ pH Advantage



([www.phadvantage.co.uk](http://www.phadvantage.co.uk)). Lightly moisturising without saturating the pores, this is the perfect product for oily and greasy skin. At this time of year, it is difficult to detect the quality of the SPF, but the product works well as an essential moisturiser.

**6 Slend me, shake me** Aqualia Antiox New Skin Result Deoxidising Fresh Treatment ★★ £24, Vichy Laboratoires (0800 169 6193, [www.vichyconsult.co.uk](http://www.vichyconsult.co.uk)). The appeal of feeling like you are creating a potion in your very own apothecary as you blend and shake the mixture for a line-reducing and skin-refreshing treatment is soon outweighed by the stench that emanates from the face for the following week. That said, the liquid smoothed facial skin to the touch within 24 hours.